



**TRUTH IN LOVE BIBLICAL COUNSELING  
DISCIPLESHIP & SOUL-CARE  
COMMISSIONING & CERTIFICATION RECOGNITION  
EXAMINATION**

- Please carefully read and provide complete answers to the following questions. This is an open-book examination. You may use any written or recorded material you believe will help you answer the questions as long as you cite the source in your footnotes.
- Type the question number (Example: 1, 2, 3, etc.) and the entire question to be answered. Type the question in **bold type**.
- Type a one- to two-page answer for each question below using these formatting instructions:
  - 1" margins
  - 12-point Arial or Times New Roman font
  - 1.5 line spacing
  - Include your name, the date, and the name of the exam (this can be in a header or footer).
- Use Google Docs and invite your Commissioning Mentor to comment.
- Submit to your Commissioning Mentor.

**Please support each answer with Scripture.**

## QUESTIONS

1. What is your philosophy of ministry as related to discipleship and soul-care? Please explain how you arrived at that.
2. Please list the five most influential books (other than the Bible) you have read and how each has influenced your approach to discipleship and soul-care.
3. What is "integration" as applied to biblical counseling, discipleship, and soul-care? Why do you think TILBCC takes a non-integrationist stance?

4. What is the importance and role of biblical hermeneutics in the discipleship and soul-care process? (Please include your definition of hermeneutics.)
5. What is your response to the following statement: “You cannot love God unless you love yourself.” Please explain.
6. Define the Gospel and its significance to the discipleship and soul-care process.
7. Define the sovereignty and providence of God and their significance to the discipleship and soul-care process.
8. Define the love of God and its significance to the discipleship and soul-care process.
9. How would you counsel someone struggling with fearfulness over current/future world events? What homework assignments might you give that person?
10. How would you counsel a couple with the following marital issues?
  - a. Verbal abuse by one or both spouses.
  - b. Physical violence by one or both spouses.
  - c. Lack of intimacy.
  - d. General lack of communication or poor communication.
  - e. Disagreements on raising children.
11. What portions of Scripture would you use to help someone who believes their sufferings and troubles point to God punishing them?
12. Briefly explain the biblical teaching on homosexuality and outline how you would help someone who desires to overcome a life of same-sex attraction/same-sex behavior.
13. Explain the Bible’s teaching on gender. Then describe how you would begin helping someone caught up in rejecting the gender God created them with.
14. Give a two to five-sentence definition for the following common “mental health” labels (cite sources), and two to five sentences that give a proper biblical perspective (cite sources).
  - a. Anxiety
  - b. Depression
  - c. Bipolar
  - d. ADD/ADHD

- e. OCD
  - f. Addiction
15. Choose one of the struggles from the list in Question 14 and describe how you would proceed to begin providing biblical soul-care for a person with that struggle.
  16. Describe your challenge and counsel for a man or woman who maintains an oppressive environment at home.
  17. Describe the dynamics of repentance and forgiveness.
  18. Explain the relevance and application of 1 Corinthians 7:1-5 (without ignoring 1 Corinthians 6:18-19) to marital sex and intimacy.
  19. Using 1 John 1:7-2:2, explain how you would counsel a person living in regret over past sin.
  20. Describe your view on the role and importance of addressing physical health issues when providing discipleship and soul-care.